

What to do during COVID-19?

<h2>Looking to Help?</h2>	<ul style="list-style-type: none"> • Make Face Masks Version 1 : https://7pinedesign.com/fast-versatile-face-mask/ Version 2 : https://sweetredpoppy.com/how-to-sew-a-fitted-fabric-mask/ V2 Video Directions : https://www.youtube.com/watch?v=xdVO9emZhyQ&t=8s • Deliver Groceries People Who Care are looking for people to safely deliver groceries to those who can't drive. Call 928-445-2480. • Donate to Yavapai Food Bank Donate by phone 928-775-5255
<h2>Looking for Meaningful Endeavors?</h2>	<ul style="list-style-type: none"> • Create a Photo Book or Personal Memoir to Tell Your Life Story http://www.morrishealthmd.com/uploads/2/7/8/9/2789428/capture_your_life_story.pdf • Take A MasterClass Learn from the best in the World. From Film & TV, culinary arts, writing, sports, science, etc. https://www.masterclass.com/ • Learn a Foreign Language - Expand your Language Skills Rosetta Stone https://www.rosettastone.com/ or Fable Cottage https://www.thefablecottage.com/
<h2>Looking to Explore the Library?</h2>	<p>Did you know through the Prescott Valley Library you can:</p> <ul style="list-style-type: none"> • Virtually explore Museums, Zoos, National Parks, attend the opera, take cooking classes, join NPR's Chapter A Day, check out NASA's images and videos, visit Greece, access New York Public Library's E-books, take university classes etc. . . ? <p>Go to https://www.pvlib.net/ scroll to the middle of the page>THINGS TO EXPLORE!>CLICK HERE</p>
<h2>Looking to find out about local resources?</h2>	<p>Senior Connection http://www.seniorconnection.us/ A local organization created with the intent to improve the quality of life for seniors and family caregivers with the latest informational articles, local resources, meetings and support groups. They also have a monthly newsletter to keep you informed and a bi-annual senior expo with more than 60 vendors. Along with a:</p> <p>Speakers Bureau http://teleconnection.seniorconnection.us/ With talks on a variety of subjects on aging such as caregiver concerns, health care, financial and legal, etc. presented by local area experts.</p>